Short attention span

Name _____

LetterSchool worksheet pack · free to print and share

Your child is up after one minute, or stares out of the window. Young children have short attention spans. Short tasks, movement and a clear end make practice possible.

How to use this pack

1. **First, then: Show the task and the reward.**
2. **Write and move: Movement between writing tasks.**
3. **Short and fun: Games and rests.**

In this pack

First–then board and writing checklist	page 2
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Print the whole pack or only the pages you need. Every sheet is also on letterschool.com with tips and other handwriting styles.

First, then

Name _____

Visual support

1 **First–then board: draw or write the task in First and the reward in Then. Cut out and keep it on the table.**

First	Then

2 **My writing checklist: tick each box when it is done.**

- ☐ My name is on top
- ☐ Capital letter at the start
- ☐ Finger spaces
- ☐ Period at the end
- ☐ I read it again

Write and move

Name _____

Handwriting · Movement breaks

1 Trace the word cat. ☐



Move break: 5 big jumps

2 Trace the word dog. ☐



Move break: touch your toes 5 times

3 Trace the word sun. ☐



Write and move

Name _____

Handwriting · Movement breaks

1 Trace the word big. ☐



Move break: 5 big jumps

2 Trace the word run. ☐



Move break: touch your toes 5 times

3 Trace the word hop. ☐



Write and move

Name _____

Handwriting · Movement breaks

1 Trace the word the. ☐



Move break: 5 big jumps

2 Trace the word and. ☐



Move break: touch your toes 5 times

3 Trace the word see. ☐

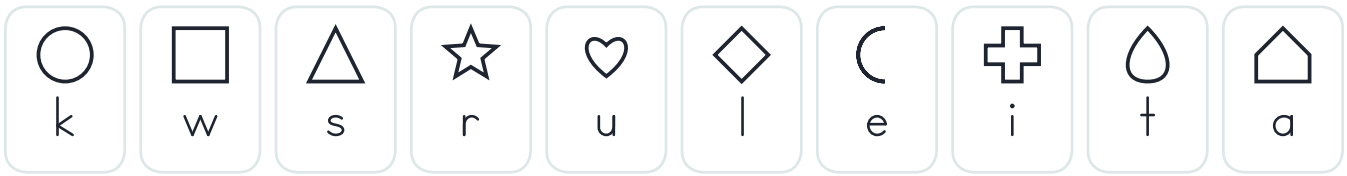


Crack the code

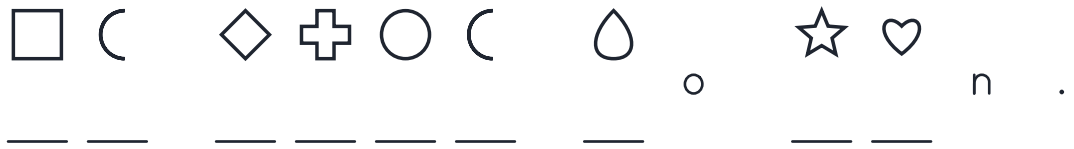
Name _____

Phonics · Game

1 **Use the key: each shape stands for a letter. Write the letter under each shape to find the secret sentence. Then write the sentence on the line, with a capital letter at the start and a period at the end.**







3 and rest: short words

Name _____

Handwriting · Short rows with rests

1 **Trace three, then rest: shake your hands, press your palms together and count to five. Then do the next row.**

cat cat cat

Rest
shake · press · 5

dog dog dog

Rest
shake · press · 5

sun sun sun

Rest
shake · press · 5

hat hat hat

Rest
shake · press · 5

mop mop mop

Rest
shake · press · 5

Roll and read

Name _____

Phonics · Short a CVC words

1 **Roll a die. Find the row with the same dots and read a word from that row. Cross it out. Can you read every word?**



gas yam van tap



rat hat fan bat



pan nap cat lab



man map can bag



jam sad ham wag



cap dad mat rag