Perfectionism

Name _____

LetterSchool worksheet pack · free to print and share

Your child erases until the paper tears, refuses to write a word they cannot spell, or gets upset over a letter that is not perfect. Making mistakes safe is the first step.

How to use this pack

1. **Try, then best: Practice where trying is the point.**
2. **Brave words: Self-talk card and a first-then board.**
3. **Calm pages: Uncluttered letter pages with a clear end.**

In this pack

Try it, then best try (letters)	page 2
Try it, then best try (words)	page 3
Try it, then best try (sentences)	page 4
Brave writer cards	page 5
First–then board and writing checklist	page 6
Calm letter sheet: lowercase a	page 7
Calm letter sheet: lowercase s	page 8

Print the whole pack or only the pages you need. Every sheet is also on letterschool.com with tips and other handwriting styles.

Try it, then best try

Name _____

Handwriting · Confidence

1 **Practice row first: it is fine if it is wobbly. Then write your best try and circle the best letter or word you made. No erasing: cross out and keep going.**

Practice try



Best try

Practice try



Best try

Practice try



Best try

Practice try



Best try

Try it, then best try

Name _____

Handwriting · Confidence

1 **Practice row first: it is fine if it is wobbly. Then write your best try and circle the best letter or word you made. No erasing: cross out and keep going.**

Practice try

cat cat cat cat

Best try

Practice try

dog dog dog dog

Best try

Practice try

sun sun sun sun

Best try

Practice try

pig pig pig pig

Best try

Try it, then best try

Name _____

Handwriting · Confidence

1 **Practice row first: it is fine if it is wobbly. Then write your best try and circle the best letter or word you made. No erasing: cross out and keep going.**

Practice try

I can run. I can run.

Best try

Practice try

I see a cat. I see a cat.

Best try

Practice try

The sun is hot.

Best try

Brave writer cards

Name _____

Card for parents and teachers

Things to say to yourself when writing feels hard. Keep this page on the table while you write, and tick the ones you used today.

1. **Mistakes help my brain grow** ☐
   Everyone makes mistakes when learning something new.

2. **I can cross it out and keep going** ☐
   No need to erase: one line through it, and on to the next word.

3. **First try, then best try** ☐
   My first try can be wobbly. My best try comes after.

4. **One word at a time** ☐
   I do not have to write it all at once.

5. **I can ask for help** ☐
   Asking is what good learners do.

If worry about mistakes is strong or happens often, talk to your child's doctor or teacher.

First, then

Name _____

Visual support

1 **First–then board: draw or write the task in First and the reward in Then. Cut out and keep it on the table.**

First	Then

2 **My writing checklist: tick each box when it is done.**

- ☐ My name is on top
- ☐ Capital letter at the start
- ☐ Finger spaces
- ☐ Period at the end
- ☐ I read it again

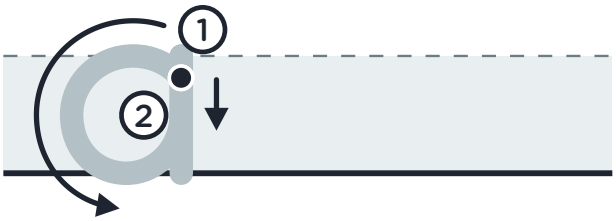
Small a

Name _____

Handwriting · Calm letter sheets · Zaner-Bloser style

1 Watch ☐ 2 Trace ☐ 3 Write ☐

1 Watch: where does it start?



2 Trace

3 Write



Done!

Small s

Name _____

Handwriting · Calm letter sheets · Zaner-Bloser style

1 Watch ☐ 2 Trace ☐ 3 Write ☐

1 Watch: where does it start?



2 Trace

S S S S

S S S S

3 Write

Done!