Prematurity and delay

Name _____

LetterSchool worksheet pack · free to print and share

Your child was born early or has a developmental delay. Some children catch up fully; others need extra time and support for motor skills, attention or learning. Starting where your child is, not where their age says, helps.

How to use this pack

1. **Shapes: The nine pre-writing shapes.**
2. **Big letters: Finger tracing.**
3. **Sounds: Rhymes and first sounds.**

In this pack

Pre-writing shape 1: line down	page 2
Pre-writing shape 2: line across	page 3
Pre-writing shape 3: circle	page 4
Pre-writing shape 4: cross	page 5
Big capital L for finger tracing	page 6
Big capital T for finger tracing	page 7
Calm letter sheet: capital L	page 8
Rhyming pictures: match the rhymes (sheet 1)	page 9
Beginning sound S worksheet	page 10

Print the whole pack or only the pages you need. Every sheet is also on letterschool.com with tips and other handwriting styles.

Shape 1: line down

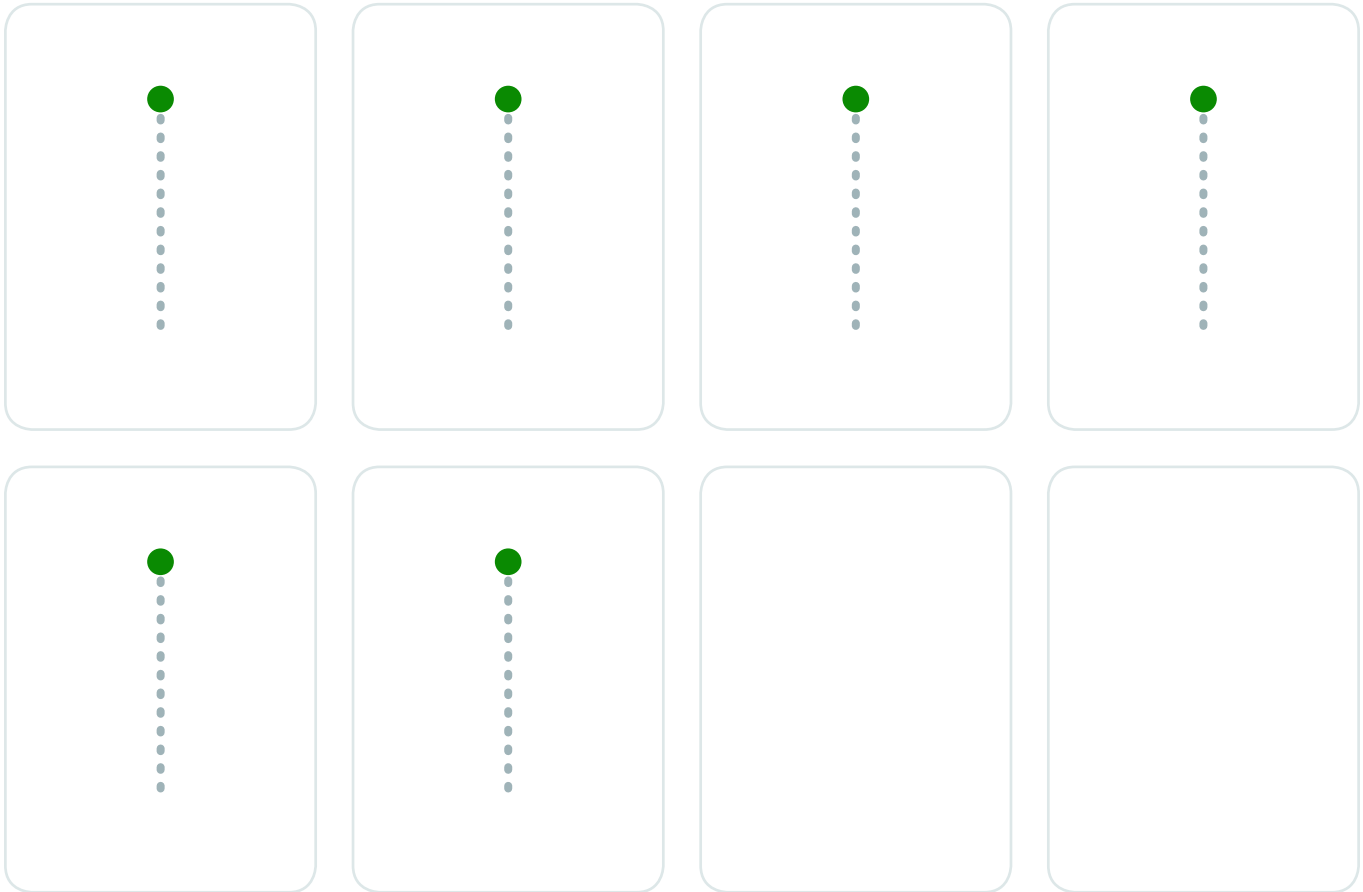
Name _____

Handwriting · Pre-writing shapes · Ages 2–5

1 **Trace the big line down with your finger, then with a crayon. Say: “from the top, straight down”.**



2 **Trace the shapes. Then draw your own in the empty boxes.**



Shape 2: line across

Name _____

Handwriting · Pre-writing shapes · Ages 2–5

1 **Trace the big line across with your finger, then with a crayon. Say: “from left to right”.**



2 **Trace the shapes. Then draw your own in the empty boxes.**

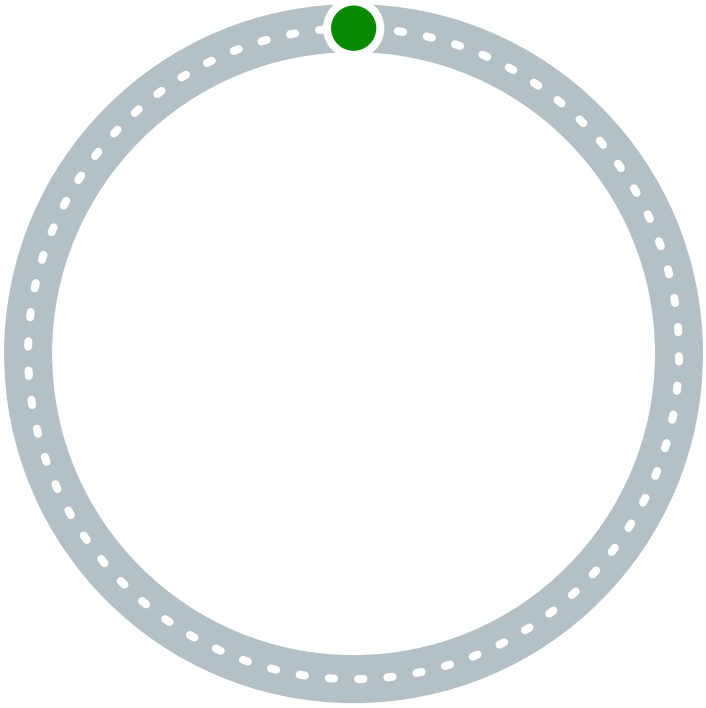


Shape 3: circle

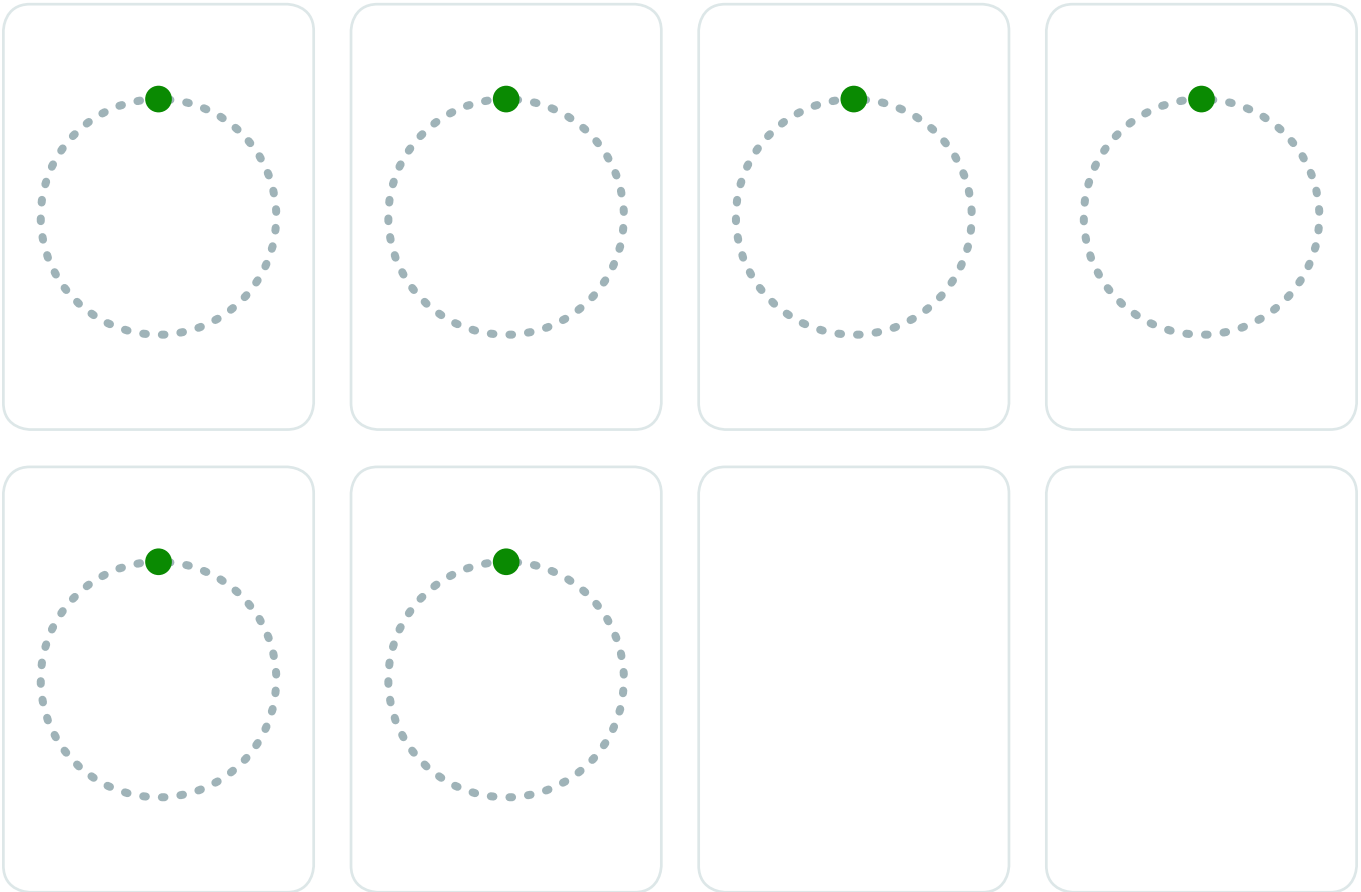
Name _____

Handwriting · Pre-writing shapes · Ages 2–5

1 **Trace the big circle with your finger, then with a crayon. Say: “start at the top and go around to the left”.**



2 **Trace the shapes. Then draw your own in the empty boxes.**

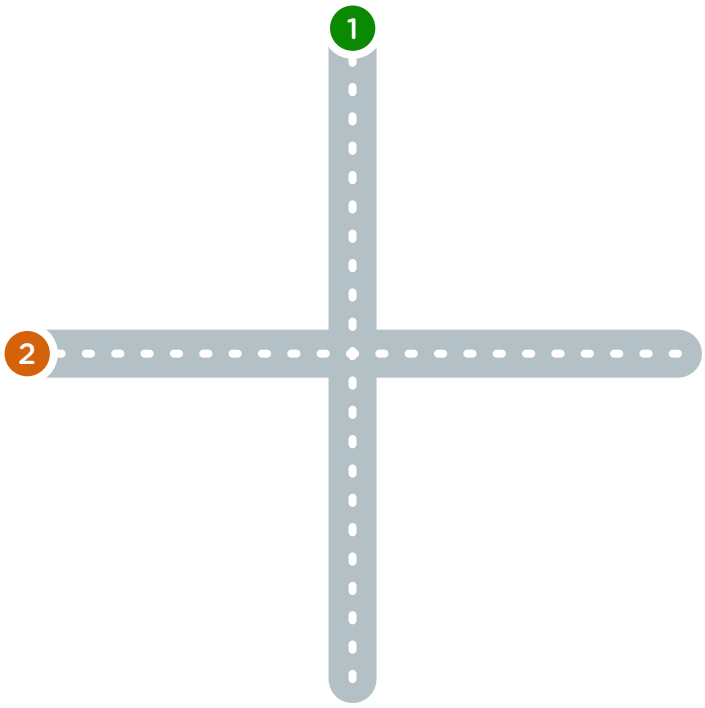


Shape 4: cross

Name _____

Handwriting · Pre-writing shapes · Ages 2–5

1 **Trace the big cross with your finger, then with a crayon. Say: “line down, then line across”. Green dot first, then the orange dot.**



2 **Trace the shapes. Then draw your own in the empty boxes.**

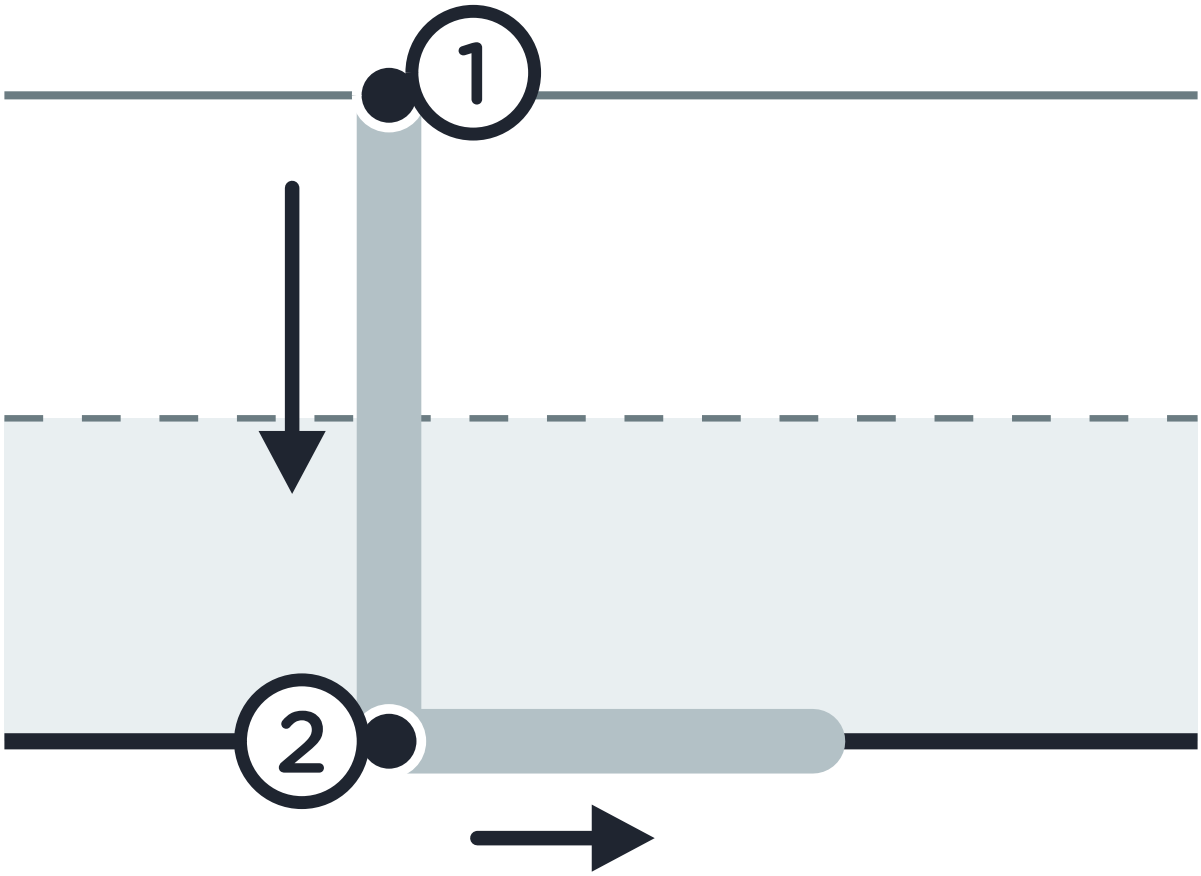


Big L

Name _____

Handwriting · Big letters · Zaner-Bloser style

1 **Trace the big letter with your finger three times. Start at the black dot and follow the arrow. Then trace it with a crayon.**



2 **Now trace it with a pencil.**

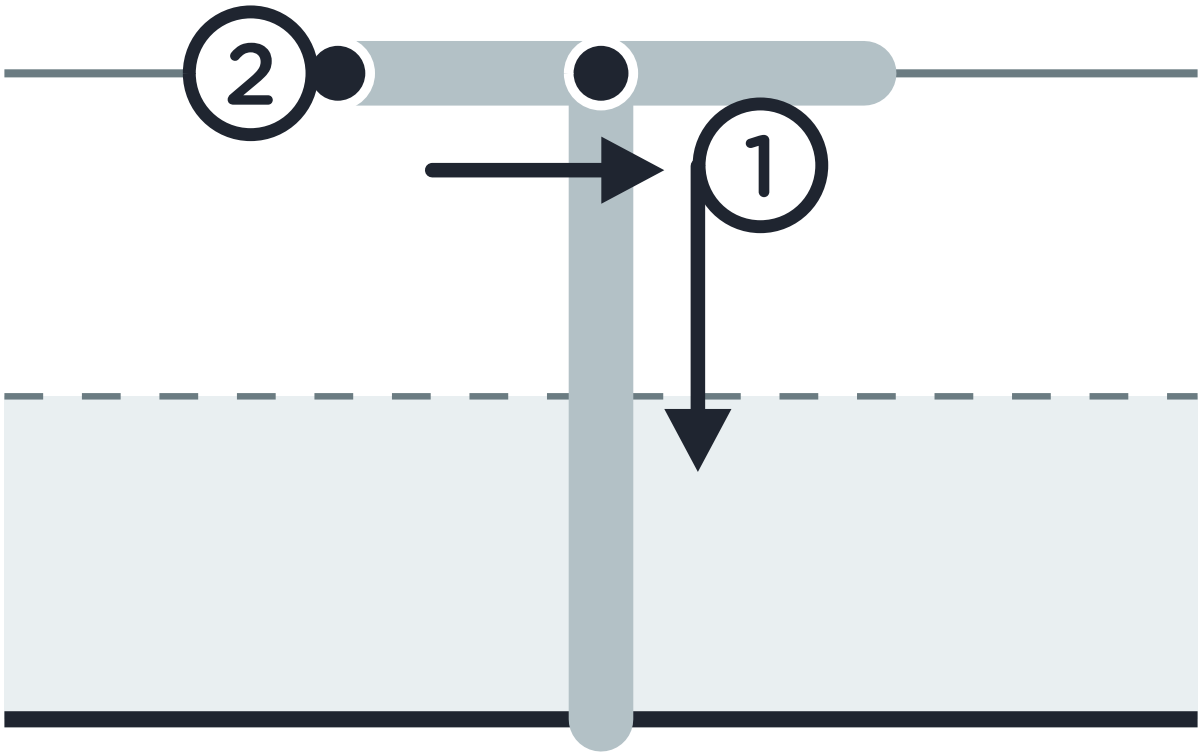
L is for lion

Big T

Name _____

Handwriting · Big letters · Zaner-Bloser style

1 **Trace the big letter with your finger three times. Start at the black dot and follow the arrow. Then trace it with a crayon.**



2 **Now trace it with a pencil.**

T is for top

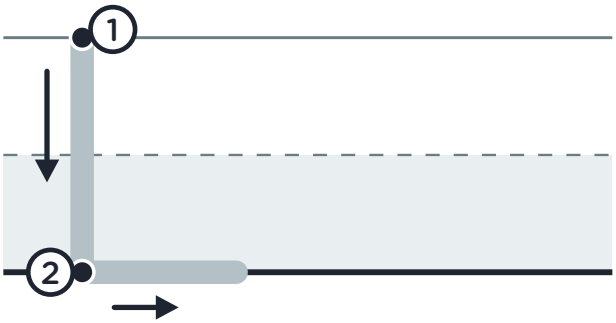
Capital L

Name _____

Handwriting · Calm letter sheets · Zaner-Bloser style

1 Watch ☐ 2 Trace ☐ 3 Write ☐

1 Watch: where does it start?



2 Trace

3 Write

Done!

Rhyme time

Name _____

Phonics · Rhyming · Sheet 1

1 Say the name of each picture. Draw a line to the picture that rhymes.














Beginning sound Ss

Name _____

Phonics · Pre-K – Kindergarten

1 Trace the letter Ss. Start at the black dot.

S s

S S S S

S S S S S

2 Say the name of each picture. Circle the pictures that start with the /s/ sound.



3 Trace the words.

sun

sock